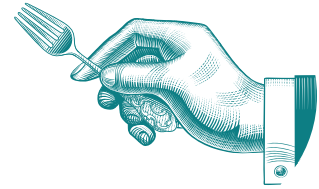




Est. 1745



**ECCLES**  
HOTEL & SPA  
GLENARRIFF



## DAY MENU

### WARMING BOWLS

**Soup of the Day,**  
Served with Eccles Soda Bread

€6.50

**Shellfish Broth,**  
Mussels, Prawns, Potato,  
Fennel, Eccles Soda Bread

€14.00

### SANDWICHES

Served with Eccles Soup or Fries

**B(E)LT,**  
Rosscarbery Smoked Bacon,  
Beara Fried Egg, Crisp Lettuce,  
Tomato Served on Ciabatta

€16.00

**Toasted Special,**  
Ham, Cheddar Cheese,  
Tomato, Onion,  
Mustard Served on Ciabatta,

€16.00

**Warm Open Garlic Prawn,** €18.00  
Gem Lettuce, Marie Rose,  
Confit Lemon Served on  
Brown Soda Bread

### FROM THE LAND

**Beet & Blue Cheese Salad,**  
Young Buck Blue Cheese,  
Seed Granola, Beetroot Jam,  
Garden Leaf

€15.00

**6oz Beef Burger,**  
Cheese, Smoked Beef Brisket,  
Gem Lettuce, Smoked Tomato Jam,  
Crispy Onions, Chips

€20.00

### FROM THE SEA

**Eccles Fishcakes,** €20.00  
Salmon, Haddock & Hake,  
Tartar, Fennel, Garden Leaf, Fries

€20.00

**Fish Pie,** €22.00  
Salmon, Haddock,  
Hake, Mussels, Prawns,  
Smoked Cheddar Mash, Greens

€22.00

**Fish & Chips,** €22.50  
Tartar, Confit Lemon,  
Garden Leaf, Fries

€22.50

### HOMEMADE SWEET TREATS

**Eccles Chocolate Brownie,** €8.00  
Vanilla Ice Cream,  
Honeycomb, Chocolate Sauce

€8.00

**Seasonal Fruit Crumble,** €8.00  
Toasted Oats,  
Vanilla Ice Cream

€8.00

**Lemon Posset,** €8.00  
White Chocolate,  
Pumpkin Seed,  
Cookie, Berry Gel,  
Lemon Sorbet

€8.00

**Cookies & Cream,** €8.00  
Homemade Cookies,  
Vanilla Ice Cream,  
Chocolate Sauce

€8.00

### BARISTA COFFEES & TEAS

**Irish Tea** €2.80

€2.80

**Herbal Tea** €3.80  
Peppermint, Chamomile, Green, Earl Grey

€3.80

**Espresso** €2.60 **Americano** €3.10

**Latte** €3.60 **Hot Chocolate** €4.00

**Dbl Espresso** €3.10 **Cappuccino** €3.60

**Flat White** €3.60 **Extra Shot** €1.50

**SPECIALTY COFFEES** €9.00

**Baileys Coffee** **Calypso Coffee**  
**Irish Coffee** **French Coffee**

PLEASE NOTIFY YOUR SERVER OF ANY ALLERGIES OR DIETARY REQUIREMENTS

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**ECCLES**  
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**OUR LOVELY LOCAL SUPPLIERS**

Organic Veg & Plants; Paul & Albi Schultz (Natural Growing Company Bantry)

Edible Flowers; Bumble Bee Flower Farm Drimoleague

Leaves And Baby Veg; From Our Tunnel

Heritage Potato & Broccoli - Ballymakenny Farm

Eggs; Beara eggs

Milk & Cream; Clona Dairy

Fish; Gulfstream, Kenmare

Crab & Lobster; Travara Shellfish

Chicken; Shannonvale Foods & Manor Farm

Our Meats; Liffey Meats, Coolcower meats & ABP Bandon

Rosscarbery Recipes; Rosscarbery Breakfast Sausages, Bacon & Puddings

Free Range Pork; Caherbeg